

Bethan's Bio:

Bethan Ralph the owner and creative of Flick & Flourish specialises in Illustration and Calligraphy. Bethan is a graduate of Fine Art and Art history. Bethan's love of Romanticism and Baroque classical art Inspires a style of art that is contemporary whilst keeping in touch with classical works.

Bethan teaches workshops throughout the year in both Watercolour and Calligraphy, alongside commissions and bespoke wedding stationery. Calligraphy and Watercolour Illustration are delicate and therapeutic ways of working. Looking at the fine detail and beauty of lettering and painting.

Details

The workshops will be focusing on Calligraphy and dip pen illustrations and botanical watercolour.

The calligraphy will start with the basics and progress onto flourishes and using calligraphy recreationally. Dip pen illustration is a beautiful way of using lines to illustrate movement and detail. The workshop will delve into the ways of using dip pen as a tool for illustration.

The botanical watercolour workshop is a very relaxed and expressive way of illustration florals and foliage. We will look at the different watercolour techniques and spend time illustration some beautiful flowers and landscapes.

Being in such an idillic setting is perfect for exploring and using the surroundings as inspiration.

Optional afternoon activities include gentle yoga practice, a cultural city visit to Coimbra or perhaps an afternoon of self-care consisting of a massage, reading by the pool or perhaps a nice amble down to the local river for some wild swimming.

Host Rita provides delicious and inspiring plant-based meals freshly picked from her organic kitchen garden throughout your stay.

Latas is a very pleasant place to stay, with large bedroom suites overlooking sun-drenched gardens, surrounded by olive groves.

When? Apr 20, 17.00 – Apr 24, 10.00, 2020

Where? Latas Country House, Penacova, Coimbra, Portugal

Cost? from 595€

Whats included

Transfers from Coimbra "B" to Latas Country House
4 nights accommodation at Latas Country House
All meals, wine, tea, coffee and water
3 creative workshops with Bethan
All materials and equipment

Optional extras (not included in price)

Cultural visit to Coimbra
Massage
Yoga practice

Prices

for 4 nights are as follows, in euros, per person, single occupancy unless otherwise specified.

Double room with bathroom shared 635
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Double room with bathroom shared 635

Queen room with en-suite 675
Super King room with en-suite 715
Twin room with en-suite 545 (per person, for two sharers)

Programme

Monday pm - arrive at LCH
Tuesday am - in the studio
Tuesday pm - yoga/massage/personal time
Wednesday am - studio time
Wednesday pm - 4 hour cultural visit to City of Coimbra (the old university and botanical gardens) or personal time
Thursday am - studio time
Thursday pm - yoga/massage/personal time
Friday am - depart LCH