

Tatie Lou's Bio:

Louise studied Printed Textiles at Dundee University over 20 years ago, and has travelled the world seeking inspiration for her original designs.

Sharing her passion for pattern and textiles she is always discovering new techniques, and her most recent new collection explores the ancient Japanese art of Shibori.

She creates beautiful, one-off patterns using naturally vibrant indigo dye and traditional binding and folding methods as well as other Shibori techniques.

The results are totally unique, every time. Each design is then digitally transferred and manipulated onto luxurious velvet, printed in England. Using sustainable printing methods and dyes.

Details

The workshops will be focusing on the Japanese art of Shibori using indigo.

Outline

Day one- Introduction to Shibori and Indigo. Students will learn various itajime techniques. Produce samples and a tote bag/t-towel

Day Two - Intro to Stitched Shibori. Produce samples

Day Three- Intro to Sashiko and create sample

Day Four - With all skills learnt students can work on a final piece of work. Wall hanging, Piece to be framed.

Optional afternoon activities include gentle yoga practice, a cultural city visit to Coimbra or perhaps an afternoon of self-care consisting of a massage, reading by the pool or perhaps a nice amble down to the local river for some wild swimming.

Host Rita provides delicious and inspiring plant-based meals freshly picked from her organic kitchen garden throughout your stay.

Latas is a very pleasant place to stay, with large bedroom suites overlooking sun-drenched gardens, surrounded by olive groves.

When? Apr 27th 17.00 – May 01st 14.00 , 2020

Where? Latas Country House, Penacova, Coimbra, Portugal

Cost? from 595€

Whats included

Transfers from Coimbra "B" to Latas Country House
4 nights accommodation at Latas Country House
All meals, wine, tea, coffee and water
4 creative workshops with Louise
All materials and equipment

Optional extras (not included in price)

Cultural visit to Coimbra
Massage
Yoga practice

Prices

for 4 nights are as follows, in euros, per person, single occupancy unless otherwise specified.

Double room with bathroom shared 675
Double room with bathroom shared 675

Twin room with bathroom shared 585 (per person, for two sharers)
Double room with bathroom shared 675

Queen room with en-suite 715
Super King room with en-suite 755
Twin room with en-suite 585 (per person, for two sharers)

Programme

Monday pm - arrive at LCH
Tuesday am - in the studio
Tuesday pm - yoga/massage/personal time
Wednesday am - studio time
Wednesday pm - 4 hour cultural visit to City of Coimbra (the old university and botanical gardens) or personal time
Thursday am - studio time
Thursday pm - yoga/massage/personal time
Friday 2pm - depart LCH